

SNCC members in the news



Alan Wright, Masters Paddler

Thanks to all who encouraged my Half Marathon [on May 1, 2022] as well as to those who chose to support my fund-raising effort, informally christened “Kermit Kids Half Frogathon”. \$573 so far!

I had not run a race in 3 years and my last was the same one [Half-Marathon] in Mississauga. Last time I was in better shape, ran with a younger and fit friend and well was 3 years younger than today! So I had my doubts starting out but it went well. It was chilly and there was a nasty headwind at times, particularly in the last stages of the race as the wind blew at us from Lake Ontario. I hung in there and finished 3rd man over 70, just a couple of minutes shy of my 2019 finishing time.

Photo and write-up by Alan Wright

Isaac Zimmerman, Canoe Kayak

Isaac, along with Canada’s top slalom paddlers raced at the National Team Trials and Pan American Championships from May 6-8 in Oklahoma City, USA. Isaac qualified for Men’s K1 and Men’s Extreme for the Junior World Championships. See Canoe Kayak Canada website for more details.



Photo from Canoe Kayak Canada of Florence Maheu

Shelley Gilbert, ParaKayak

As part of the Brock Penguins, Shelley won gold in sitting volleyball at the 2022 Ontario Parasport Games held in Mississauga, May 13-15.

Photo from Shelley’s FaceBook.

The Catch shares news about SNCC and its members
So you can ***stay connected*** with SNCC and its members.

Dragon Boat

Happily, many new faces are part of SNCC in 2022! Try dragon boat on Mondays and Wednesdays.



Warming up.



Coach Jan doing her thing.



Look at those A-frames!



How many boats are out during practice?!?

Masters



Maureen

*Pictures by
Kathleen Reardon*

Masters paddlers will not claim to have “Mastered” the sport of sprint canoe/kayak. But they welcome and support new paddlers! Try Masters on Tuesdays, Thursdays and/or Saturdays.



Alan



Coach Austin watching over the many Masters.

Canada Summer Games

Excerpted from Niagara2022.games.ca:

The Canada Summer Games medals, designed by local artist Shaun O'Melia, captures the beauty and history of the Niagara Region, while also recognizing the up-and-coming Canadian athletes who will be participating in the 28th edition of the Canada Games.

There are five key features incorporated within the design of the medal and its lanyard, the latter of which was inspired by the Indigenous Partnership Council. They include:

1. **Niagara Falls:** Divided into 13 waves at the base of the medal, the flow of Niagara Falls represents Canada's 13 provinces and territories, the 13 municipalities in Niagara that have come together to host the 2022 Canada Games, and the 13 ceremonies of the moon celebrated annually by the Haudenosaunee and Anishinaabe peoples — the original residents of Niagara;
2. **The Sun:** Found behind the falls, the sun's inclusion is representative of its crucial role in sustaining life and in the growth of Niagara, along with the Games' summer schedule;
3. **Seventh Generation Principle:** The seven human figures on the design of the medal acknowledge an ancient Haudenosaunee philosophy that the decisions we make today should result in a sustainable world seven generations from now;
4. **Niagara Escarpment:** Different depths and levels were embedded into the medal to represent the Niagara Escarpment, which is one of the most prominent topographic features in North America and the backbone of Turtle Island; and
5. **Indigenous Lanyard Design:** The medal lanyard took inspiration from several historic Wampum Treaties which promoted friendship, respect and unity. The 2022 games are the first time there will be a design on the medal lanyards.



Torchbearer Uniforms



Niagara 2022 #CSLTorchJourney

Congratulations to Marilyn Abbs, SNCC ParaAthlete, who will be a Canada Games Torchbearer for 1km in Fort Erie on Saturday July 2. All SNCC members are invited to support Marilyn on her 1km relay leg. The relay begins at 9:00am. Further details to follow. The deadline to sign up to walk with Marilyn was May 25, 2022.

Marilyn at National Canoe/Kayak Championships in 2019, Regina, SK.



Upcoming Events

The **Welland Dragon Boat Festival** and the **Mississauga Canoe Club Regatta** will take place on June 11. Good luck to our athletes!

Any pictures from either event will be helpful for the July Catch and for the 2022 Archives. Email your images to Kathleen Reardon at the address below. Thank you in advance for your help.



Dragon Boat Naming Ceremony

On June 29 at 6:30pm, SNCC will name two of our dragon boats after past Coach/Commodore Brian Roy and past Coach/Board Member/editor of the Catch Sally Rennick. All members are invited to attend. The ceremony will about 30 minutes and then a regular dragon boat practice will proceed until 8:30pm. Videography and photography of the naming ceremony will take place.



Hope Floats members are asked to wear their Hope Floats racing shirts. Likewise, Canal Dragons members are asked to wear their Canal Dragons racing shirts.

Brian and Sally are two of the founding members of SNCC back in 2008. Their dedication, hard work, and enthusiasm were instrumental to the Club in general and to Hope Floats, specifically. Hope Floats are forever grateful for all that Brian and Sally have done for Breast Cancer Survivor dragon boat in Niagara.

Brian and Sally at the WIFC coaching dragon boat in 2018.



Happy June Birthdays!

Dragon Boat

Heather Denoncourt

Linda Sage

Lesley Seaborne

Trish Sexton

Canoe/Kayak

Marilyn Abbs

Shelley Gilbert



Canoe/Kayak and Dragon Boat

Kathleen Reardon



Apologies if your name was missed for June Birthdays. See you in the July birthdays!

Next issue: July 2022

Pictures and story ideas for **The Catch** can be emailed to Kathleen: kat_reardon@hotmail.com



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